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Healthy Feeling Weekend

We recommend 2 days

HEALTHY FEELING is for those who wish to familiarize themselves with YIN YANG and relax in its beautiful surroundings as well as get to know everything what YIN YANG is able to do to improve your life and the life of your loved ones.



INCLUDES:

- 1x Premium Detox (Massage with Caps)
- 1x Therapeutic Treatment (Shiatsu o Deep Tissue) as Prescribed
- 1x Energizing Treatment
- Use of YIN YANG Hydrotherapy circuit as Recommended by your Consultant (Jacuzzi, Sauna, Turkish Baths, Showers, Foot Baths, etc.)
- Activities at YIN YANG Lifestyle Program: Yoga, Walks, Exercises...